

# 2017 CCIW CROSS COUNTRY CHAMPIONSHIPS



HOSTED BY ELMHURST COLLEGE

SATURDAY, OCTOBER 28<sup>TH</sup>, 2017

## MEET INFORMATION

|                  |                                       |         |
|------------------|---------------------------------------|---------|
| <b>Schedule:</b> | Men's 8000-Meter Championship Race    | 12:00pm |
|                  | Women's 6000-Meter Championships Race | 12:45pm |
|                  | Men's 8000-Meter Open Race            | 1:30pm  |
|                  | Women's 6000-Meter Open Race          | 1:30pm  |
|                  | Awards                                | 2:15pm  |

**Course:** St. James Farm in Warrenville, IL. The course is flat to slightly rolling and runs over both grass and forest trails. It will consist of three loops for women and four loops for the men.

**Spectators/Parking:** Team parking is located at the Hoy Ave parking area located ~ 2.5 miles from Interstate 88/Winfield Rd. **Do not park any bus or other team vehicles in the main parking lot which is off of Winfield Road.** Spectator parking is located off of Winfield Rd.

**Course Preview:** The course will be available for preview on Friday. Race packets will be available for pickup Saturday morning at the finish line area.

**Facility Information:** Elmhurst College athletic training services will be available at the course race day morning starting at 10:30AM. Restroom facilities will be available near the start and finish line areas.

**Entry Procedure:** Entries are to be submitted via **Direct Athletics by 7:00pm on Tuesday, October 24<sup>th</sup>**. Only 10 runners from each school may race in the championship race, all other competitors are to run in the open races.

**Games Committee:** The games committee will consist of a representative of Illinois Wesleyan, North Central, North Park

**Awards Ceremony:** Will take place at the pavilion following the Men's and Women's Open Race. The top 20 finishers in each varsity race will be recognized as all-conference performers with 1-10 earning first team, and 11-20 earning second team. The first place male and first place female will each receive the athlete of the year award, while the first place freshman of each gender will receive the most outstanding freshman award. Top finishing teams will receive the CCIW Championship Trophy. A ballot will be included in each team packet for coaches to vote on the Men's Coaching Staff of the Year and Women's Coaching Staff of the Year awards. Ballots must be given to Lisa Becharas prior to the start of the awards ceremony.

**Results:** Results will be posted at the pavilion shortly after each race concludes and will be found online [www.cciw.org](http://www.cciw.org).